

FREE VIRTUAL EVENT

Saturday, May 4th, 2024 • (9 am - 12 noon)

FOOD FOR THOUGHT

Dr. Peter Lin, MD Family Physician

AN OUNCE OF PREVENTION

Dr. Sonja Reichert, MD, MSc Family Physician

DIABETES - NO SUGAR COATING IT

Dr. Alice Cheng, MD **Endocrinologist**

A CHANGE OF HEART

Dr. A. S. Pandey, MD Preventive Cardiologist

Pre Register: 519-624-3511 or healthyheartday@rogers.com Live-stream: cambridgecardiaccare.com/healthyheartday

TV: Rogers TV Waterloo Region Cable 20













